Driving Directions: Take highway 130 17 miles west from Laramie to where highway 11 branches off and goes to the community of Albany on the edge of the Medicine Bow National Forest. The road becomes USFS road 500 here. Continue on this road about 2 miles and then take USFS road 542 that branches off to the left. In 4.5 miles this road "T's" with USFS road 543. The Beaver Creek instream flow segment extends from the confluence with Douglas Creek upstream to the city of Cheyenne's diversion for Rob Roy Reservoir.